

Holy Name of Jesus School May 2019 Lunch Menu

MENU SUBJECT TO CHANGE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>What Makes a Meal?</p> <p>Choose 3, 4 or 5 food items from these 5 Components:</p> <p>Meat or Meat Alternate</p> <p>Vegetable*</p> <p>Fruit**</p> <p>Grain/Bread</p> <p>Milk</p> <p>*Lunch must include at least one fruit or vegetable</p>			<p>5/1</p> <p>Hot Dog</p>	<p>5/2</p> <p>Popcorn Chicken & Cheese Sub</p>	<p>5/3</p> <p>Pizza</p>
 <p>Vegetable Features*</p> <p>Daily— Mixed Greens & Dressing</p> <p>Monday—Dark Green Sub-group</p> <p>Tuesday—"Other" Sub-group</p> <p>Wednesday—Starchy Sub-group</p> <p>Thursday—Legumes Sub-group</p> <p>Friday—Red/Orange Sub-group</p>	<p>5/6</p> <p>Cheeseburger</p>	<p>5/7</p> <p>Corn Dog Nuggets</p>	<p>5/8</p> <p>Breakfast Sandwich Ham, Egg & Cheese</p>	<p>5/9</p> <p>Breaded Chicken Sandwich</p>	<p>5/10</p> <p>Pizza</p>
<p>Fruit Features**</p> <p>Monday—Fresh Fruit of the Day</p> <p>Tuesday—Fruit in Light Syrup</p> <p>Wednesday—100% Fruit Juice</p> <p>Thursday—Fresh Fruit of the Day</p> <p>Friday—Canned Fruit/Light Syrup</p>	<p>5/13</p> <p>Cheesesteak Sub</p>	<p>5/14</p> <p>Chicken Nuggets w/Bread</p>	<p>5/15</p> <p>Macaroni & Cheese w/Bread</p>	<p>Field Day</p> <p>5/16</p> <p>PICNIC LUNCH</p> <p>Hamburgers Hot Dogs Baked Beans</p>	<p>5/17</p> <p>Pizza</p>
	<p>5/20</p> <p>Grilled Cheese & Tomato Soup</p>	<p>5/21</p> <p>Corn Dog Nuggets</p>	<p>5/22</p> <p>Breakfast for Lunch French Toast & Sausage</p>	<p>5/23</p> <p>Walking Taco</p>	<p>5/24</p> <p>Pizza</p>
 <p>Daily Milk Choices</p> <p>Fat Free Flavored</p> <p>Fat Free and Low Fat Unflavored</p>	<p>5/27</p> <p>NO SCHOOL</p>	<p>5/28</p> <p>Chicken Nuggets w/Bread</p>	<p>5/29</p> <p>Hot Turkey Sandwich</p>	<p>5/30</p> <p>Corn Dog Nuggets</p>	<p>5/31</p> <p>Pizza</p>



**Chef Salad Box with Meat & Cheese, Tossed Mixed Greens, Chopped Vegetables, and Salad Dressing
Served with A Fresh Roll and Fruit Selection.**