


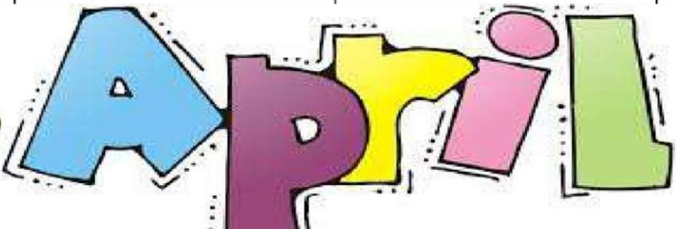



Holy Name of Jesus School

April 2018 Lunch Menu

MENU SUBJECT TO CHANGE



What Makes a Meal?	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choose 3, 4 or 5 food items from these 5 Components:</p> <ul style="list-style-type: none"> Meat or Meat Alternate Vegetable* Fruit** Grain/Bread Milk <p>*Lunch must include at least one fruit or vegetable</p>	No School	3 Breaded Fish Sandwich	4 Chicken & Waffles	5 Walking Taco	6 Cheese Pizza
 <p>Vegetable Features*</p> <p>Daily— Mixed Greens & Dressing</p> <p>Monday—Dark Green Sub-group Tuesday—"Other" Sub-group Wednesday—Starchy Sub-group Thursday—Legumes Sub-group Friday—Red/Orange Sub-group</p>	9 Pizza Pasta Bake	10 Breakfast For Lunch	11 Sausage, Egg, & Cheese Breakfast Sandwich	12 Chicken Sandwich	13 Cheese Pizza
<p>Fruit Features**</p> <p>Monday—Fresh Fruit of the Day Tuesday—Fruit in Light Syrup Wednesday—100% Fruit Juice Thursday—Fresh Fruit of the Day Friday—Canned Fruit/Light Syrup</p>	16 Chicken Nuggets Bread Slice	17 Mini Breaded Chicken & Hamburger Sliders	18 Baked Macaroni & Cheese Dinner Roll	19 Hot Turkey Sandwich	20 Cheese Pizza
	23 Salisbury Steak Dinner	24 Breakfast for Lunch	25 Meatball Hoagie	26 Turkey & Cheese On a Pretzel Roll	27 Cheese Pizza
 <p>Daily Milk Choices</p> <p>Fat Free Flavored</p> <p>Fat Free and Low Fat Unflavored</p>	30 Chicken Nuggets Bread Slice	  			



Chef Salad Box with Meat & Cheese, Tossed Mixed Greens, Chopped Vegetables, and Salad Dressing Served with A Fresh Roll and Fruit Selection.